



The Foodbank provides three days' nutritionally balanced emergency food and support to local people who are referred to it in crisis.

The Foodbank needs the following items (14 September 2017)

URGENTLY NEEDED ITEMS

- Toilet rolls
- Kitchen rolls
- Sponge puddings
- Tinned fruit
- Hot chocolate
- Long life fruit juice
- Tinned custard
- Chocolate
- Laundry liquid/powder

ALSO NEED

- Sugar
- Fruit juice (carton)
- Soup
- Pasta sauces
- Tinned tomatoes
- Cereals
- Rice pudding (tinned)
- Tea bags / instant coffee
- Instant mashed potato
- Rice
- Pasta
- Tinned meat
- Tinned fish
- Tinned fruit
- Jam
- Biscuits or snack bar
- Nappies
- Shower gel
- Shampoo
- Deodorant
- Washing up liquid

HAVE PLENTY OF

- Beans



Here are just a few examples of the projects at The Foxton Centre:

Assertive Outreach – Aims to assess and monitor patterns and levels of people sleeping rough in Preston and to promote and encourage the engagement of rough sleepers in support services.

ATR - A youth club for 11-18 year olds.

Community Cafe - offers a cheap, healthy meal, social opportunities, and support from a team of social workers, students and volunteers.

Fox Kidz – A kids club for 7-13 year olds.

Fox ChiXx- A weekly girls group for 10-16 year olds.

Green Fingers Allotment Project - A bi-weekly Allotment project run by Foxton Centre volunteers, students and service users.

Natural Highs Walking Group - Our outdoor exercise club.

Off The Streets The fund we hold to help People off the streets

Project 360 Our Housing First project

Streetlink - A project working one-to-one with street sex workers in the Preston Area.

Wet Garden - An innovative Foxton Centre project working with established street drinkers.

Hungry Campaign – The Foxton Centre has teamed up with local cafés Ravenous and Cafe Fresch, to initiate an exciting new campaign to help Preston's homeless and rough sleepers.

We sell healthy balanced meals at our Community Café four days a week for £1, offering a limited number of vouchers for free meals. Customers at Ravenous or Café Fresch can choose to donate an extra pound, or more, with their meal to purchase more vouchers for rough sleepers. The vouchers will continue to be offered at the discretion of the Community Café and Assertive Outreach teams.



Maundy Relief, Accrington aims to provide an immediate response to poverty and need in the local community.

Maundy Relief operates as both a "first port of call" and a "last resort" for many people. As a well-known organisation embedded in the local community, people contact us for a myriad of reasons: help with furniture, household goods and food; counselling for those in mental distress; welcome, hospitality and companionship for the lonely; advice and informal advocacy for those struggling with bureaucracy or those who slip through the net of statutory services; group activities and training for those ready to move on in their lives.

Maundy Relief has a profound influence on all the people who are involved with it at whatever level. They believe that change is best brought about by an immediacy of response combined with building sustained and holistic relationships with those they encounter.

Community Giving

Please help the fantastic work of these charities by offering :

- your prayers;
- Donations to our Harvest Appeal.
- your gifts of cash on the Community Giving plate;
- cans and other food items in the Foodbank collection point.

